

Dosage symbols and instructions used in the surgeon's journal from the "Henry" Convict transport to VDL & Sydney.

Symbols I used to transcribe dosage

o	a scruple
z with an extra loop	an ounce
fiat	make
ft	make
fs	half
g ^r	grain
z	an ounce

(the surgeon appeared to use ounce symbol most of the time)

The Form of the Medicine

Aq	aqua
Bol, Bolus	large pill
Haust	Haustus , a draught
Confect	Confection
Decoct	Decoction
Emp.	Emplaster
Ext	Extract
Inf.	Infusum
Liq	Liquid
Lot	Lotion
Mistura	A mixture
Oil	Oil
Pil	Pilula / pill
Pulv.	Pulvis, a powder
Syrup	
Tinct.	Tincture
Ung	Ungent

Procedures

Emplast	apply a blister
VS	venaesectio bleed

Medicines used

Acetum	→	vinegar
Anodoyne		mild laxative
Antimon		
Aqua Lithage Acet. Comp.		
Canth./ Emp. Cantharides		blistering agent
Cathartic		
Cinchona		
Colocynth		
Confect Aromat		
Datura/daturina		
Diuretic		
Evaporative		Lot. Evapor.
Hordie / horeum		barley water
Hydrarg & Hydrarg Submur		
Iodi		
Ipecac		
Jalap		strong purgative
Limonis		
Mucilage		
Opii / Opii Pur		
Potassium & Potassium Subcarb		
Quassia		
Rhei		
Ricini		
Rubi Chamaem/orus		
Saline		
Sang/ sanguisorba		herbal extract/tea
Sennae		
Scillae		
Sulphuric Acid		

Latin Pharmaceutical Instructions

*Time

bis die	twice a day
ter in die	three times a day
heri	yesterday
hora/horis	hour/s
h.s. hora somni	bedtime
quequa	¼ hour
queque in die	four times a day
quotidie	four times a day
omni mane	every morning
omni nocte	every night
somni	night
Vespere	evening

*Terms Used

ad	to
Admot	administer
Antea	formerly
Applico / applicandus	apply
Brachio	chest
Caldius	warm
Cap / capiat	let him take
Eadem	same
Esl/estempl/o	immediately
et	and
Fauces	at back of throat
Fiat / ft	make
Frico	rub
Hab^t / habeat	let him have
Olim	formerly
Omnia	all
pd	per dos
QS or qs	quantum sufficiat
Repet	repeat
Statim	immediately
Sterno	sternum
Sumendus	to make
Sumr	make
ut	as

*Phrases

Donec alvus plures soluts fuerit
until the bowels have acted several times

Omnia et antea
everything as before

Parti dolente
Part affected

Quamprimum sumendus
make as soon as possible

Quod antea
stated previously

Si opus sit
If necessary

Si opus fuerit
As said before

Catamonia
Menstruation

Viscid sticky
Tormina cramps
Tenesmus straining