

Surgeon's Journal of Her Majesty's Female Convict Ship *The Elizabeth and Henry*
 Mr. John Smith, c, Surgeon
 Between the 2nd February 1848 and the 6th July 1848
 Adm. 101-24-8
 Copy of Daily Sick Book & Synopsis Received 25 May 1849

(Written inside front cover of the journal)

Usefulness of the Solution of Chloride of Zinc mentioned.

Extract made in Book. BTH

PB100313JPG

**A Copy of the daily Sick Book of the *Elizabeth & Henry* Convict Ship from the
 2 February to the 6 July 1848 on a passage to Van Diemen's Land.**

When put on List	Name	Age	Quality	Disease or Hurt	When Put Off Sick List	How Disposed Of
July 9	Ann Henry	20		Hysteria	Feb ^y 20	Cured
11	Marg ^t Carroll	25		Dyspepsia	" 26	Cured
25	Ann Henry	20		Hysterica	March 1	Cured
"	Mary McCormick	39		Gastritis	" 24	Cured
"	Sarah Green	32		Gastritis	" 12	Cured
March 3	Martha Reilly	41		Synochus	March 25	Cured
9	Marg ^t Edgeworth	26		Synochus	April 4	Cured
13	Eliza London	18		Hysteria	" 6	Cured
15	Marg ^t Edgeworth	26		Neuralgia Cardis	July 1	Hospital
16	Ann Virony	30		Synochus	March 28	Cured
18	Emma Hume	24		Obstipatio	" 28	Cured
19	Brid ^d Allen	19		Ulcus Cruris	" 30	Cured
23	Ann Smith	20		Syphilis	" 30	Cured
20	Ann McCormick	10m		Tabes Mesenterica	" 24	Dead
23	Celia Wicker	18		Chlorosis Amenorrhœa	April 28	Cured
27	Jane Hepper	19		Phlegmon: Glandul.	" 4	Cured
April 1	Eliza Williams	19		Contusio. Corporis	" 4	Cured
5	Emma Hume	25		Colica Colitis	" 27	Cured
6	Mary Verony	22		Tympanitis	" 24	Cured
"	Alice Challinor	18		Colica	" 13	Cured
8	Win ^d Kelly	15		Phlegmon Maxilis	" 13	Cured
13	Mary Watson	23		Hepatitis	June 25	Cured
22	Mary Tracey	23		Bronchitis	May 10	Cured
24	Mary Williams	35		Asthma Hyp ^c : Cordis	June 28	Obiit
25	Mary Fletcher	21		Synochus	May 3	Cured
30	Mary Verony	22		Hæmatamesis	June 15	Cured
May 9	Alice Challinor	18		Bronchitis	May 17	Cured
15	Mary Patterson	22		Pleuritis	" 22	Cured
17	Anna Kemp	18		Abscessus Lymph (<i>lymphadenitis</i>)	" 31	Cured
"	Ann Jones	19		Bronchitis	" 22	Cured
25	Emma Hume	24		Concussio Corp.	June 15	Cured
31	Sarah Green	32		Paralysis	" 22	Cured
"	Eliz: Brown	50		Colica	" 9	Cured
"	Lydia Childs	20		Hysteritis	" 29	Cured
26	Jane Clark	19		Vulnus	July 6	Cured
July 3	Lydia Childs	20		Hysteria	" 4	Hospital

John Smith, Surgeon

**Medical and Surgical Journal of Her Majesty's Convict Ship *The Elizabeth and Henry*
2 February and the 6 July 1848 during which time the said ship has been employed in a
passage to Hobart Town, Van Diemen's Land**

Nature of Disease	No. of Case	Men's Names, Ages, Qualities, Time when and where taken ill, and how disposed of.	The History, Symptoms, Treatment, and Daily Progress of the Disease or Hurt.
<p align="center">Hysterica Apoplectica</p> <p align="center">PB100315JPG</p>	<p align="center">1</p>	<p align="center">Anne Henry Æt: 20 9 February 1848 at Woolwich</p> <p align="right">Vespere</p>	<p>Is very full, plethoric, and compounded with obesity, was seized last evening at 5, soon after her tea, with a state of faintness, almost approaching to Syncope, which was present some time before I saw her. She was insensible to, even, the loudest sound., respiration slow, almost imperceptible, to the ear or eye, skin below natural, dry, eyes firmly closed, teeth clenched. Had the power of moving the extremities with some difficulty, lay in an extended posture, or whatever position wherein she was placed. Sensible to the smell of ammonia, which resuscitated her in some degree, abdomen enormously extended, not tympanitic, rather yielding, which was stated by some person to be caused by ischuria for 24 hours, during which she passed no urine, but the seat of the bladder was not circumscribed, as giving the idea of much urine contained therein. The terms of action extended high up in the epigastrium, pulse 70, firm in the left arm, almost imperceptibly in the right. I drew off with the catheter a large quantity of urine, administered two quarts of an enema consisting of <i>Magn: Sulph ℥iv Aq Tepid: lb iv Olei Terbinth ℥fs Ol: Olive ℥fs</i></p> <p>This was retained but previous thereto, I administered a bolus. <i>Hydr: Chloridi gr vj Conf Aromat: ℥fs</i>. I cut the veins in both arms freely, 14 oz of blood <u>only</u> trickled out and placed her in a warm bath, until the circulation became restored, and more equably diffused – and administered immediately on removal <i>Liq: Ammoni ℥fs</i> in warm tea, which produced much spasmodic irritation about the glottis, and pharynx, in an hour I repeated ½ the quantity of the enema. I was under the necessity of forcibly separating the jaws with a plaister spatula, to administer the Calomel. Hot water to the feet was unremittingly applied. The Liquor Ammon was repeated every ½ hour in Camphor mixture and at 12, she was conscious, said a few words very faintly with deep heaving and sighing. In the night, she had 3 large, black fœtid dejections, followed with more consciousness. She appears to have fallen again this morning into the same state – deglutition is performed with the greatest difficulty, and much spasmodic action – countenance natural, heat of trunk above natural and skin dry. Jaws not locked, pulse 65, very feeble. Blister to the head, Sinapisms to the feet. <i>Capt. Liq: Ammon: ℥xx</i> <i>Mistur Camph: ℥fs omni hora</i></p> <p>Conscious and replies rationally to questions, opens her eyes with some difficulty as if intolerant of the light, skin rather hot, tongue white, loaded, edges inflamed, the centre covered with a sort of miliary vesicles pulse 76 good, 1 free stool, no urine, blister on head painful, no</p>

<p>PB100316JPG</p> <p>Hysteria Apoplectic</p>		<p>Anne Henry Æt: 20 25 February 1848</p>	<p>pain from Sinapisms. <i>Contr. Mistur: Camph: c Liq: Ammon: 4 horis</i></p> <p>10th Good night, one free dejection, speaks with a very faint voice, skin natural, tongue less loaded, makes no complaint. <i>Om^{tr} Mist Camph g^r j Querient -</i></p> <p>11 Quiet night, skin and pulse natural, abdominal tumefaction less, but still great, tongue cleaning at apex, white and loaded at base, some desire for food, no stool. <i>Capt. Magns Sulph: ℥fs. Aq: Menth ℥ij T^r Cin. Co ℥j repetat in hor 3 si op. sit.</i></p> <p>12 No morbid symptom, tongue clean, appetite good, bowels freely opened, from a dose as above, administered this morning. <i>Quirent. Sago.</i></p> <p>14 Convalescent – on arising yesterday to have the bed made she fell off in a swoon, bowels and bladder in a free state. ½ diet – allowed to arise –</p> <p>20th Since the above date she has been convalescing and taking <i>Inf: Gent: Co:</i> with aromatics and latterly the <i>Quinæ di Sulphas</i> – and wine-</p> <p>Cured</p> <p>Was seized last evening about 8 with a degree of coma and the abdomen much tumefied, soft, flaccid, but no pain evinced on pressure, respiration not perceptible to the eye, no consciousness of anything around, is sensible of the Stimulus of Ammonia both liquid and solid, no stool, skin natural, pupils contract strongly to candle light closely applied. 2 stools in the day and dined on pudding, pulse slow, soft. Has been recovered from a similar seizure only 5 days. <i>Venit ad ℥vij. Liq: Amm: ℥fs Spirit æth ℥fs Mist: Camph: ℥ ifs – Adhib: enema Cath: ex Magn Sulph: Aq: Tepid: Ol: terebinth et Olio Olivea:</i></p> <p>26th The Ammonia to the nose frequently in the night, and the draughts as above prescribed caused her to violent exertion several green and loose dejections from enema, tumefaction of abdomen removed, complains now of pains in epigastric, still a great tendency to lethargy. <i>Empl: Lyttae: epig:</i></p> <p>27 No morbid feeling. No morbid affection but debility. <i>Capt. Inf Quassia ℥j 3 die</i> – Soup, Sago, Tea</p> <p>March 1 Cured</p> <p>She has been convalescing using daily the <i>Inf: Gent: Co.</i></p>
<p>PB100317JPG</p> <p>Gastritis ab inanition</p>	<p>3</p>	<p>Mary McCormick Æt 39 25 February 1848</p>	<p>Had suffered much from Sea Sickness during the gale and nursing an infant, looked 15 years older than she is marked, with a croupy cough at embarkation. Was seized last evening whilst in her bed with apparent asphyxia. No spastic rigidity in any part, pulse scarcely perceptible. power of deglutition lost, skin below natural but cold, no rigidity of muscles of lower jaw. Had been in this state for ½ an hour before I saw her. The hatches being nearly close battered down, the atmosphere was close, though not the least foul effluvium was perceptible but the woman was extremely weak. I gave her first <i>Liq: Am^{tr} ℥xx Spirit Aeth: Nitros ℥xxv T^r Cinnam: Comp: ℥fs Aquæ ℥ij.</i> The struggling produced by the deglutition of this was alarming. The one half of it was drivelled from the mouth. Brandy and warm water, equal parts, were administered in spoonfuls, whilst by some difficulty at first was swallowed, and Sinapisms to the feet assisted in exciting</p>

PB100318.JPG		<p>some reaction. The Brandy and water were continued during the night to the amount of a tumbler full. The skin became warmer and the pulse perceptible with some fulness – she is now sensible when roused from her stupor. Feels much uneasiness about fauces, particularly in deglutition. Stares with a wild gaze when roused, skin below natural in temperature, tongue inflamed smooth, punctuated in centre, pulse very slow, more full and firm. <i>Cap' Mist. Camph: ℥j Liquor Ammonia ꝑxv Spirit Aeth: Nitr: ℥fs 3tis horis.</i> Wine. Omit Brandy.</p> <p>26th At 1 PM yesterday deglutition ceased, nothing could be got down, skin cold, shrivelled, almost insensible, no pulse. Brandy & hot water in ½ spoonfuls, an ammoniacal enema with <i>Tinct: Opii</i> to retain it. Sinapisms. Blister to epigastrium. Hot bottles and same to the extremities and along the spine, now some reaction, deglutition better, irritability of stomach great, extreme debility, lies in a state of stupor. When roused she gazes with a wild stare, one free stool, urine free, tongue more moist and softer, complains much of fauces and throat, thirst, irritability of stomach, pulse slow and variable in strength, extremities variable in temperature, body equally warm, speaks more rationally. Continue Brandy & water. Thin arrowroot with wine. She had adm^d also <i>Spirit: Aeth: Nitros: Perstet</i></p> <p>27 Less irritability of stomach. Symptoms otherwise as before, more sensible and conscious of surrounding objects, tongue cleaning, moist, thirst, blistered surface very painful. <i>Perstet.</i></p> <p>28 Much irritability of stomach during the night, dark grumous, probably from the wine, much retching and straining, skin natural in temperature. She is more animated, some epigastric pain, no dejection, pulse good. <i>Capt. Ol: Ricini ℥ij Aqua Menthe ℥ij.</i> This she retained though she rejected all her tea, gruel and rice water, all which has been given her, debility great <i>Capt. Mist. Salin. ℥ifs p: mistua effervescens in epigastrio acta.</i> Wine arrowroot. Omit. Brandy</p> <p>29 Less irritability of stomach, debility extreme, sensible, tongue and pulse natural, latter weak, no stool. Fowl broth, arrowroot Gruel, Sago, resumatur Brandy <i>adhibrotur enema emollient.</i></p> <p>March 1st Symptoms nearly as yesterday, stomach more retentive, two stools from enema. Retains the gravy soup made thin. Brandy & water the only drink that does not sicken.</p> <p>March 2nd Some improvement, stomach more irritable, rejecting something resembling stricoration (stercoration), but no disagreeable smell, bowels and bladder natural. <i>Perstet.</i></p> <p>3 Restless night, otherwise as yesterday, stomach more tentative. <i>Capt. Mist: Camph: ℥i 3 horis cetera ut antea.</i></p> <p>4 Restless night. Irritability of stomach continues otherwise as yesterday. Blister applied last night to epigastric having been rubbed off, not acted, no stool. <i>Perstet – cum Mist Camph: et Mist: Salina.</i> Brandy, Soup.</p> <p>6 Some improvement, tongue & pulse natural, irritability of stomach nearly removed, appetite and strength returning. She is extremely cross and troublesome with the nurses. This is her natural temper, no dejection until yesterday when she had administered an enema of <i>Mag: Sulph:</i> procuring 3 stools. <i>Perstet in omnibus.</i></p>
--------------	--	---

<p>9PB100319JPG</p>		<p>8 9 February (sic) (this should be March)</p>	<p>Improving. Some sickness of stomach yesterday from Lime Juice she had. Had <i>Hydr: Chloridi g^r iij Jalap g^r v Ol Menth. mij</i> last evening, repeated this morning, no effect, tongue & pulse natural, appetite improving. <i>Perstet in regimen Rx Inf. Quassiaē ℥fs bis in die.</i> 3 dejections yesterday, leaving much debility, otherwise as before. <i>Capt. Inf. Quassiaē ℥fs Quin disulph g^r 1/3 Acid: Sulph: dilute m-v ter in die.</i> Regimen as before wine ½ pint. 13 Improving, out of bed, bowels free. <i>Capt. Quassiaē ℥i Quin. disulph: g^r 1/3 Acid Sulph: dil m-x ter in die.</i> Wine etc as before. 15 <i>Convalescit – Perstet.</i> 20th <i>Convalescit. Capt. Inf. Gentian Co. ℥ifs Acid Sulph dil: m-x ter in die – Omitt: Inf Quassiaē etc</i> Discharged to her mess. 24 Cured – Has continued the bitters and wine and taken an occ^l pill of <i>Calomel and Jalap.</i></p>
<p>Neuralgia Cordis</p> <p>PB100320JPG</p>	<p>4</p>	<p>Margaret Edgeworth Æt 26 16th March 1848</p>	<p>Was put on the Sick List on the 9th inst. for headach, rather severe, tongue moist, red, slightly furred, pulse 86 rather hard, and constipation of some duration. For this she had administered <i>Calomel, Jalap, Sulph: Magn:</i> preceded by an Ipecacuanha emetic. By a perseverance in the aperients. She was convalescent on the 13th when she complained of thoracic pain of a lancinating kind, for which a blister had been applied with relief, and continued so until this day. Now the pain shoots from sternum to spine inter scapular. It is chronic, as she states, her having suffered from it a considerable time, and was in Millbank hospital for it a short time prior to leaving otherwise she appears to be free from disease. <i>Capt. Rhei pulv: ℥fs. Aq: Menth: ℥j.</i> 17 Pain, periodical, every second or so, causing her to moan loudly, and exclaim, otherwise as before except the pulse being 92 small, bowels free, blister to site of pain. 18 No pain of any kind, says blister has removed the pain, no stool. <i>Capt. Magn: Sulph: ℥fs in Aq: Menth:</i> allowed to rise. 20 No Pain, the only complaint is that of blistered surface, bowels open yesterday by some aperient pills in addition to the <i>Sulph: Magn: Quiescat – Soup.</i> 21 Pain again returned, no stool. <i>pil: ij Cathart: nosocomiales.</i> 22 Pain extending to the spine as before, through cardiac region, irregular pulse, sometimes natural, again small, feeble accelerated – no stool. <i>Capt. pil j nosocom: et Magn: Sulph:</i> 29 Improving till last night when the pain returned with severity. I suspect from improper food, during the above circumstances she had administered <i>Infus: Gent: Co. c Acid Sulph</i> and was walking about. <i>Cont. amara.</i> 31 March No pain, otherwise as before. <i>Capt. pil: Hydr: g^r iv Opil g^r i bis in die. amara ut antea.</i> 4 April Has been free from pain till yesterday, otherwise as before. The pain continued during the day and night, at short intervals. <i>appl: empl: Lyttæ part: dolent: Capt. Rhei pulv: ℥fs – L: Diet -</i> 8 Improving for some days. Slight return of pain. <i>Cont. pil: Hydr: c: opio et Inf: Gent: Comp: ℥fs bis in die.</i></p>

PB100321JPG		11	Return of pain yesterday extending from sternum to spine inter scapular, through cardiac region, pulse slightly accelerated, tongue clean. <i>Capt. pil: Hydr: gr ij opii gr ¼ bis in die.</i> Soup.
	14	Pain present since above report. A blister was applied inter scapular, and the following prescribed. <i>R pil: Hydr: gr ijfs Ext: Conii gr iv 3 die Capt.</i> The corium is not good. That is the reason of my beginning with so large a quantity.	
	16 th	Pain variable in degree, generally increased at night, preventing sleep. Diarrhoea of two days duration. I hope it will be vicarious. She had at bed time last evening. <i>T' Opii mxxv Spirit Aeth: Nitr: mxxv Aq: Menthae ʒ j. Quiescat</i>	
	17	Occ ^l pain. Good sleep, several stools this morning she took <i>hor: S: T' Opii m-x T' Catechu ʒfs Aq: Mentha ʒfs</i>	
	18	Pain returns now about every two minutes, but more severe, shooting across thorax. Odontalgia, diarrhoea, thin fæculent, yellow, emaciated, pulse accelerated, feeble. <i>Capt. T' Catechu ʒfs T' Opii m v Aq: Mentha ʒfs 3 die</i>	
	21	The pain returned this morning much less for some days, diarrhoea quantity about a quart in 24 hours, stools scanty, but frequent calls. The pills had been omitted on the first appearance of diarrhoea. tongue & pulse. She has been taking <i>Mist Cret? T' Catechu et T' Opii</i> as above prescribed after each stool. <i>Rx Mist. Cretæ ʒvij Confect: Opii Specici ʒfs T' Catechu ʒiv Capt. ʒi p; S: S: liquid:</i>	
	23	Diarrhoea less, headach and emesis, anorexia, tongue clean, pulse a little accelerated. <i>Omit^r Mist: Astring: Arrowroot, Sago.</i> Gruel by her own request.	
	24	14 scanty stools. No abdominal uneasiness, loathing of all food, paroxysmal pain in <i>thorax about every three to five minutes, otherwise as before – Repet: Mist: Astring ut antea cum augment. Specic [] Conf: Opii. Emplast: Lyttæ epigastrio.</i>	
	25 April	Several scanty watery stools this morning, none in night, marked debility and prostration, voice low and inarticulate, pulse very feeble, about 70. refuses all medicine. Prevailed on her to take the following this day. <i>Rx Mist: Cretæ ʒvij Specic: Opii ʒij T' opii ʒij T' Catechu ʒijij T' Cinnamon: ʒj ʒi p.S.S. liq: - wine ½ ʒ Blister to abdomen acted slightly.</i>	
	26 th	Diarrhoea less, quantity lessening – occ ^l pain in cardia about every ½ hour, in other respects as before – <i>Repet. empl^r Lyttæ umbil.</i>	
	27	Good night free from all pain, diarrhoea less. Took by mistake yesterday a scruple of Rhubarb intended for another which which (sic) acted scarcely, in fact the stools were less frequent. The blister acted well. <i>Perstet</i>	
	28	Diarrhoea decreasing otherwise as before. <i>Om^t: Mist: Astring: Capt. P. Ipec: comp: gr iv p. S.S. liquid:</i> Soup, and the rest as before.	
	29	Only 5 stools, in less quantity, hectic flushings for some days. Had no astringent medicines.	
	30	<i>Capt. Hydr: Chlorid: ʒj Opii gr ij.</i> Several stools, but much less in quantity, a severe paroxysm of cardiac pain, debility increasing, voice much weaker, flushing of face, pulse good. <i>Omi^u. pil: Calomel: et Opii. Rx Mist: Cretæ ʒj confect Aromat ʒI T' Opii m-x p. S. S. liquid.</i> The <i>Confect: Aromatica</i> I administered the <i>species Opii</i> being extended.	

PB100322.JPG		May 1 st	Some abdominal pain with tenesmus relieved by a dose of <i>T Rhei in Aq: Menthae</i> complains of soreness of gums, mercurial foetor. Refused to take the astringent mixture - wine 2 ozs Soup.
		3	Some abdominal pain yesterday relieved by <i>P. Rhei</i> 2 doses in <i>Aqua Menth</i> , 2 stools, scybalous, foetid, mouth sore, anorexia, loathing, tongue natural, pulse small, no stool since yesterday. Enema aqua tepid.
		5	6 Thin stools yesterday, thoracic pain much complained of, gums inflamed, otherwise as before. <i>Repet. Mist: Astring: ut supra prescript:</i>
		7	Only 3 stools in night, thin & dark. about the same yesterday on the 5 th . Less cardiac pain, Greasy face with flushing, hair greasy inclined to mat. She takes h. s. an opiate, beside the astring: mixture after the stools. <i>Perstet. Wine, Soup</i> etc.
		9	Good night, several thin scanty stools, more cheerful, less cardiac pain, less flushing, pulse good. <i>Cont: Mist: Astring: cum anoy n T Catechu et T Opii</i>
		11	Good night. The only nights sleep in some time ascribed to the quiet state of the ship, she being at anchor. Several thin scanty stools. Had the opiate draught at bedtime – <i>Quiescat.</i>
		12	Good sleep, no rolling in her bed. Several stools in greater quantity, probably from a pear she ate yesterday. <i>Capt. Rhei gʳ vj h.s. Capt. opii crude gʳ iij.</i>
		13	Several stools, slept some hours after the opiate. <i>Rx Mist: Cretæ ꝑiij Specic opii ꝑifs T Catechu ꝑ6: ꝑi p.S.S. liq. Capt.</i>
		15	Several stools, thin and colliquative daily, says she feels much better, cardiac pain less frequent. Has sucked a few grapes daily. <i>Quiescat.</i>
		17	Several thin stools daily, cardiac pain severe at intervals. <i>Rx T Catechu ꝑij Spec: Opii ꝑij T Rhei ꝑfs decoct: Hordei ꝑiij ꝑi 3 die Capt. Empl: Lytt: stern</i>
		19	About [?] stools daily, thicker, pain of thorax removed, blistered surface painful. <i>Cont. medicament.</i>
		21	Stools less in frequency and quantity, and general improvement. Sucks 2 oranges and a few grapes daily. Whether this has anything to do in the improvement time will tell. <i>Cont. Mist: Astring: wine</i>
		23	Several stools yesterday from <i>pulv Rhei</i> administered for some colicy uneasiness. Only 3 stools in night. <i>Quiescat</i>
		25	Slept well though shipped (sic) rolled much, 9 stools in 24 hours, no thoracic pain, debility, refuses all medicine. Wine, Soup, Soft bread which she has had since arrival at the Cape. Wine oz i – <i>Quiescat</i>
		27	Stools less in quantity and frequency, thoracic pain returned since the healing of blister. <i>Repet: Empl: Lyttæ.</i>
		29	Some colicy uneasiness. Only 5 stools in 24 hours, thicker. <i>Capt. Rhei gʳ vj Magn: Carbon: gʳ x Aq: Menth ꝑfs T Rhei ꝑfs.</i> Sucks the oranges daily and her only diet now is soft bread procured at the Cape, and a little tea.
		31	Only 5 stools daily and more consistent. The thoracic pain taking the circuit of thorax and ending at cardiac region. This is the only complaint now as her hopes are strong of the bowel complaint. Has a catarrh pain same impudence as she is not allowed out of the hospital.
		June 2	Several stools daily probably caused by a violent rage and passion she fell in by some false accusation of the women

<p>PB100323.JPG</p>		<p>attending as nurses, in the hearing of the religious instruction. <i>Capt. Rhei g' vj Magn: Catb: g' x T' Opii ꞑ v Aq: Menth: Zijj</i></p> <p>4 Several thin scanty stools daily with some colicky uneasiness removed by <i>p. Rhei and Mag: Carb;</i> Has not recovered from her rage yet. She had a draught as follows at bedtime. <i>Rhei p: g' v Aq: Menth Zijj T' Rhei Ji T' Opii ꞑ xx T' Catechu Zij</i></p> <p>6 Several stools from <i>Ol ricini Zijj</i> she took yesterday in consequence of some colicky uneasiness. She had administered <i>T' Opii ꞑx T' Catechu Zijfs decoct: Hordei Zijfs</i> at bed time.</p> <p>10 Bowels again improving, pain of thorax still same at intervals, now felt principally through spine, debility not so great. <i>repet: Emp: Lyttæ inter scapulus.</i> Regimen as before.</p> <p>13 Only 2 stools daily, no thoracic pain, expresses much general relief. <i>Quiescat.</i></p> <p>15 Only 6 stools daily, thicker and general improvement, which I ascribe all to the soft bread, that and tea and Soup being the only diet she has been on for some days. No thoracic pain. <i>Quiescat.</i></p> <p>17 Only 4 stools in 48 hours, otherwise also improving. <i>Quiescat.</i> Turned from hospital during the day to avoid the smoke from fires.</p> <p>23 From 5 to 3 stools daily, thoracic pain returned, great despondence on that account. No medicines for some time. She had taken the biscuit powder but rejects it now, nothing but the bread, Wine only oz i daily.</p> <p>25 Only 2 stools are formed daily, otherwise improving. Since she heard that we were in daily expectation of seeing the land she has recovered in this manner. I cannot ascribe the state of her bowels to any other cause. She takes for some days at bed time <i>T' Rhei Ji T' Opii ꞑ xxx.</i></p> <p>28 Great drowsiness and inclination to slumber every morning and until evening which I ascribe to the opiate at bed time which removes the pain less feeble pulse accelerated and small. <i>Om': Haustus.</i></p> <p>July 1st Only 2 stools formed daily for some time. Much improvement, skin, tongue & pulse natural. Has refused the soup some days, only diet bread and tea, the former made by the Hospital woman – stupor removed. Has recovered spirits wonderfully since we made the land.</p> <p>Discharged to Colonial Hospital</p>	
<p>Hysterica Amenorrhoea.</p> <p>PB100324.JPG</p>	<p>5</p>	<p>Eliza London Æt 18 March 13 at Sea</p>	<p>Tall, and thin, delicate, quiet, easy temper, was seized this day with a severe Hysterical paroxysm of several hours duration, not attended with any convulsive movement. She lies quiet, eyes shut, slow respiration, but some precordial pain in paroxysms causes her to roll her head from one side of the pillow to the other without any moan or other exclamation. She points to the precordium as the seat of pain when questioned. Has had several fits of this kind but which passed off in a very short time, during the early part of the voyage and up to the present. She has been a cook of a mess of eight persons and worked very hard during the heavy gales of wind we had when others were too lazy to work. This increased the pudis position of the fits as also constipation of which I was not aware</p>

PB100325.JPG			<p>till now. No catamenia for 6 months, says she has not been seduced or married. She has had the hospital pills composed of <i>Calomel, Jalap, Scammoni and Ginger</i>, also <i>Sulph: Magn:</i> at different times which acted but slightly, and from her great delicacy I could not obtain at all times a full report of her state. I administered the following on this occasion – <i>Rx T^r Opium mxxv Spirit: Aeth: Nitr: ℥fs Aq: Menth: ℥fs</i> and applied a blister to precordium – <i>Capt. h.s. Haust: ut supra prescr^t</i></p> <p>14 Good night. No paroxysm. <i>Capt. Calomel: g^r vj et Ol: ricini postea in hor: 3^{is}.</i></p> <p>15 Had afternoon yesterday, a slight paroxysm, still with precordial pain. Several small scanty stools, tongue enlarged, soft, natural same, prominent papillæ, pulse 70. I applied a blister to right hypochondria, the seat of pain on pressure, and administered an antispasmodic draught as before.</p> <p>16 Had a return of the precordial pain last evening for which she had <i>pil Hydr: g^r v Opium g^r ij.</i> This procured ease until this morning when she had a return of it accompanied by a slight hysteria. Blistered surface open. <i>Capt. pil: Hydr: g^r iv Opium g^r i bis in die.</i></p> <p>17 No return of pain or paroxysm, bowels freely open from <i>pulv: Rhei. Contr. pil: Hydr: ut antea.</i></p> <p>21 Some vomiting, otherwise improving, bowels free. <i>Cont. pil: Hydr:</i></p> <p>22 Some drowsiness which I ascribe to the opium in the pills, several stools from <i>p: Rhei</i> taken yesterday, tongue, skin & pulse natural. <i>Omit. pil: Capt. Inf: Gent: Co. ℥i Acid Sulph: dil m-x bis in die.</i> Soup.</p> <p>27 No return of pain or paroxysm, relaxation of bowels. She has taken a pill every night as before. <i>Omit^r. pil: h.s. Cont. amar: ℥ij bis in die.</i> Wine ℥ij daily Soup.</p> <p>29 States she has been severely purged in the night with tenesmus. <i>Capt. Rhei Magn: Carbon: á á ℥fs.</i></p> <p>31 Vomiting after breakfast, diarrhoea ceased. <i>Capt. pil: Hyd: amar. ut antea. h.s. et Inf: Gent: ut antea.</i></p> <p>April 4th Improving, occasional headach. <i>Om^t. Amar: Acid – Capt. Inf: Gentian comp ℥j Ferri Hydrochloridi mv ter in die.</i></p> <p>6th Perfect recovery, regular state of bowels and Catamenia appearing. Continue the Bitters and Irons for another fortnight – also wine.</p> <p>Discharged cured</p>
Tabes Mesenteria	6	Ann McCormick Æt: 10 months Suckling at Sea March 28 th	<p>Has been for some days suffering from diarrhoea and anorexia, with emaciation and much restlessness. For this she had <i>Calomel and chalk. pulv: Rhei and Magnesia</i> with relief, but the mother, who has just but recovered from a serious illness and whose case is herein indented, has crammed the child with any article of diet she has for her own use – whilst the child was nursed by another person during the mother's sickness. It thrived well. <i>Capt. Rhei g^r ij Ipecacuanha g^r fs ter in die.</i></p> <p>22 Some improvement, but stools still frequent and anorexia and debility present. The powders omitted yesterday, and the following prescribed. <i>Rx. Mist: Cretæ ℥ij T^r Opium m xv T^r Catechu m Lxxx cochl: medior: post S.S. liquid: Perstet.</i></p> <p>24 Severe convulsive fit in the night, for which I administered T^r Opium et Spirit: Aeth: Nitratis which relieved it, and gave her an easy (word omitted?)</p>

		25 Dead	This day was passed easy, free from all suffering but evidently dying, and at 8 P.M. she expired her last.
Amenorrhœa Chlorosis	7	Celia Wicker Æt 18 March 23 At Sea	<p>A thin chlorotic, emaciated girl, no appearance of the woman. Has not been well on embarkation but made no complaint until extreme debility from Sea Sickness caused her to apply. She has been gradually losing her appetite, which she ascribed to Sea Sickness, no menstruation for months, though the mamma are rather well developed – occas^l vomiting and constipation lately. A sense of pain or a ball sticking in epigastric. Occ^l headache, skin rather dry, rough, tongue whitish, pulse accelerated & feeble. She had yesterday <i>pil cath: nosoc; g^r iij and Sulph: Magn: in Aq: Menth:</i> which acted freely for the first time. <i>Quiescat.</i></p> <p>24 Symptoms nearly as yesterday. <i>Capt. pulv: Ipec: comp: g^r iv 3 in die.</i></p> <p>25 Sense of pain in epigastric. rather relaxed, otherwise as before. <i>Capt. pil: Hydr: g^r iv Opii g^r i bis in die. Inf: Gent: Co. ʒiv ter in die.</i></p> <p>26 Only one stool in 24 hours, gums inflamed & painful, slight mercurial foetor – less epigastric pain, tongue and pulse as before. <i>Capt. pil: i o. n: Cont. amar: Soup.</i></p> <p>27 Good sleep for the first time, pain of epigastric less. <i>Perstet.</i></p> <p>March 28th A quiet night, free from epigastric pain. 1 stool daily, tongue cleaning at edges, white fur on dorsum. Gums inflamed, slight mercurial foetor, appetite improving, pulse more firm, less frequent. <i>Perstet – Soup. Wine.</i></p> <p>29 Epigastric pain. Several loose stools, tongue becoming red at margins, skin clammy. <i>Quiescat.</i> Arrow root, Sago, Rice, Soup.</p> <p>30 Improving in every symptom, gaining <i>strength, pulse 100 weak but firmer than before. No catamenia. Repet: pil: Hydr: c Opii 1 o.n. et amara ut antea.</i></p> <p>31 Improving pulse 80, good. <i>Perstet.</i></p> <p>April 4 Improves slowly. <i>Cont. pil Hydr: g^r iv Opii g^r fs bis in die. Capt. Inf: Gent: comp ʒfs T^r Ferri Hydrochloridi mv ter in die.</i> Wine. Soup. etc. The chlorotic countenance has disappeared and strength recovered. <i>Perstet.</i></p> <p>20 Has omitted all medicine for two days, except a dose of <i>pulv: Rhei</i> which acted freely. Some slight appearance of chlorosis in countenance, appetite good. Gums still affected by the pills. <i>Quiescat – Wine Soup.</i></p> <p>24 Improving, bowels more regular. <i>Capt. Inf: Gent: Co. ʒj bis in die.</i> Wine.</p> <p>28 Improves. <i>Capt. Inf: Gent: Co. ʒjfs T^r Ferri Hydrochlorodi mv iij bis in die.</i> This ratio continued for a fortnight. To mess. Wine ʒij.</p> <p>Discharged cured</p>
PB100326PG			

<p>Colitis Colica</p> <p>PB100327PG</p>	<p>8</p>	<p>Emma Hume Æt: 25 April 6th at Sea</p>	<p>Was taken into hospital for hypogastric pain, coursing round loins, periodical, relieved on strong pressure. No tumefaction, very anxious countenance, bowels reported open, of which I have my doubts, urine free – tongue & pulse a very little altered. She has been suffering since 5 am. I administered to her <i>T Rhei ℥fs T Cinnamon: Co. ℥fs T Opii ℥xxv Aq: Ment: ℥ifs</i> – In ½ an hour no remission of pain, repeated the draught with an increase of the <i>Laudanum to ℥fs</i>. A long interval of ease succeeded to this, but the pain returned in the evening with increased vigour, and some acceleration of the pulse with hardness, flushing of face; pressure still produced relief. I bled her to <i>℥xvj</i> freely, and there was no remission until she began to become faint, when it ceased instanter. Immediately she had <i>Calomel gr x Opii gr ij</i> and fell off in a profound sleep, also an enema was administered before she slept. This acted freely at the time of administering it. The night was passed tranquilly, but cerebral disturbance from the effects of the opium with slight gastric irritation. Now she complains of hypogastric pain only on sitting erect or turning in bed. No wine, face flushed with moisture, tongue coated, moist, pulse natural. <i>Capt. Hydr: Chloridi gr vj Zingibus gr ij.</i></p> <p>7 Much frontal and occipital pain, great heaving of chest, restlessness during yesterday, tongue loaded, moist, pulse natural but weak. Anxious countenance. She has had two children, married. She had administered yesterday 3 doses of <i>Infus: Sennæ c Magn: Sulph: ℥iij</i> in each and <i>T Cinn: Co.</i> which with cathartic enema procured 4 stools, with much relief. Now no headach free from abdominal pain, urine free, tongue & pulse about natural. <i>Quiescat.</i></p> <p>8 Good day & night, except a pain from loins to nape of neck, as if shooting, on rising in bed to erect. Now some nausea and bitterness of taste, tongue & pulse about natural, latter weak, 2 stools yesterday. <i>Quiescat.</i> Soup, Arrow root, Sago.</p> <p>10 No complaint except the pain of loins extending to shoulder on rising in bed – 1 stool daily, appetite improving. <i>Capt. Ol: ricini ℥fs.</i></p> <p>11 3 stools, return of headach, pulse slightly accelerated, no micturition for some time.</p> <p>12 Feels better but abdomen is much tumefied and doughy with uneasiness on sitting erect, or on pressure, bowels free, tongue whitish, pulse 120 small. <i>Om^t. Soup. Capt. P. Doveri gr v 3 die</i></p> <p>13 Better though she complains of abdominal uneasiness, and is restless, abdomen rather tumid with a sense of fluctuation. No oedema of legs, tongue & pulse natural, latter weak. <i>Cont. P. Ipec: Co. ut antea.</i></p> <p>15 Improving. No complaint. <i>Cont: p: Ipec: Co.</i> until this day. <i>Quiescat.</i> Soup</p> <p>18 Improving until yesterday, and out of bed, when she felt severe frontal pain with soreness of abdomen. 1 stool, on examination, abdomen was full and uneasy on pressure. Very little urine passed, pulse accel^d weak. I gave her <i>Mag: Sulph: ℥iv Aq: Ment: ℥ifs</i> which procured several loose stools in the night. Slumbering at present, states that abdomen is less painful on pressure, pulse 99 feeble. <i>Quiescat.</i> Soup.</p>
---	----------	---	---

PB100328PG		<p>20 21 April 22 24 27 Cured Discharged</p>	<p>Convalescent, fullness of abdomen, no pain, tongue & pulse natural. <i>Quiescat.</i></p> <p>Was up yesterday, feels again some general soreness of abdomen, which is again distended and soft, appetite good, pulse 84 small, tongue clean, 2 stools daily, no urine. Soup. <i>Quiescat.</i></p> <p>Convalescent – and out of bed. <i>Capt. Inf: Quassia ʒj bis in die ċ Acid Sulph: dilute: ʒxx. Wine oz i</i></p> <p>Convalescent. <i>Perstet.</i></p> <p>Recovered from all morbid feeling – Cont. Amar: decub: [relicus?]. Catamenia established.</p>
Tympanitis Hystericus	9	<p>Mary Ventore Æt 25 April 6th</p> <p>April 7 8 9 10 13 14 18 Cured discharged 24</p>	<p>Tall, rather full, with a very high complexion, had children. Catamenia suppressed for some months. Was seized last evening with Syncope, gastric and umbilical pain, great tympanitic distension of abdomen. Stomach irritable, tongue & pulse almost natural. Had a severe convulsive hysterical paroxysm the day before. Is the subject of the latter disease, and of Haematemesis. I gave her <i>Hydr: Chloridi gr vj</i> followed by a draught of <i>T. Cinnmon: Co. ʒifs T Rhei ʒij T Opii ʒxx Aq: Ment ʒifs</i> Soon after I gave her <i>Magn: Sulph: ʒij Aq: Ment: ʒfs</i> followed by two cathartic enemata. In the night she had several copious stools. Now much easier, and sensible which was not the case before. <i>Repet: Hydr: Chloridi: ut antea et in hor: 4^{is}. Sulph: Magn: in Aq: Ment:</i></p> <p>Improvement but late last evening she vomited a small quantity of grumous blood diffused in a little water in the dish. None since, stomach settled, bowels free. <i>Quiescat.</i></p> <p>Stomach acutely painful last evening with some emesis of tea and other matter. A blister was applied, none giving relief. Arrow root. Soup. light.</p> <p>Some epigastric pain last evening. 1 stool, no emesis. She took <i>hor: somni, Liq: Ant: Plumbi: ʒ-vj T Opii ʒxx.</i> Since when there has been no return of the stomach affection – <i>Capt. Liq: Plumbi diacetalis ʒvj T Opii ʒv bis in die.</i></p> <p>No complaint. No stool. <i>Rhei ʒfs. Magn: Carbon: ʒfs statim sum'.</i></p> <p>Rejected yesterday her soup with some grumous blood, thin. No other complaint. 1 stool. pain <i>Sulph: Magn: c Inf: Sennæ Capt. Alumini gr v Aq: ʒij T Opii ʒv ter in die.</i> No soup.</p> <p>A severe lancinating pain under left mamma, bowels confined. <i>Capt. Mag: Sulph: ʒfs Aq: Ment: ʒifs. Cont. Mist: aluminis. Empl: Lyttæ part. dol:</i></p> <p>Improving 2 stools daily, rejected soup yesterday. <i>Quiescat.</i></p> <p>Recovered. No complaint.</p>

<p>PB100329PG</p> <p>Hepatitis Chronica</p>	<p>10</p>	<p>Mary Watson Æt 23 April 13th 1848</p>	<p>Stout, tall, rather plethoric. Was seized a few days since with a pain in right hypochondria near the spine, progressively increasing with slight acceleration of the pulse, and some constipation. She had an emetic on the 11th and <i>Calomel Jalap</i> and <i>Sulph: Magn:</i> yesterday which acted with some relief, but the pain again returned this morning with violence extending to the spine and right shoulder and arm increased on inspiration (full). Tongue clean, pulse accelerated, small, soft, faintness from the pain. <i>Vensect: ad ℥xxvj.</i> The blood flowed in a full though small stream, without any relief on inspiration, or producing faintness, though she was bled in the erect posture. <i>Capt. Sol: Antim: nosocomial: ℥fs. 3-horis.</i> To bed.</p> <p>She has been some time in Millbank hospital, a short time prior to embarkation, for something of the same disease, for which she had been blistered but never bled.</p> <p>14 No relief of hypochondriacal pain, it is high in back of hypochondria, shooting or rather extending to Scapular and shoulder, is of an aching kind. She lies quiet as if she did not suffer but motion or full inspiration produces it. No other morbid symptoms, tongue, skin and pulse natural, bowels free, no thirst. She has taken <i>Sol: Nit: Pot: cum Antim: Nit: Tartart.</i></p> <p>15 Pain much less, sickness from medicine. <i>Cont. medicament:</i></p> <p>16 Much remission of pain, otherwise as before. Much sickness, 1 stool. <i>Cont. medicament:</i></p> <p>17 No pain. <i>Cont. Mist: 3 in die.</i></p> <p>18 Some return of pain. 2 stools, no sickness from medicine. <i>Capt. Antim: Pot: Tartaritas g' fs Aq: ℥j Ext: Hyoscium: g' iv 4 horis.</i></p> <p>20 No pain or other morbid symptom. <i>Cont. medicament:</i></p> <p>22 Convalescent, out of bed. <i>Quiescat</i></p> <p>24 Some return of pain last evening and now. <i>Repet: Mist: Antim Pot: Tartar: c Ext: Hyosc: Empl: Lyttæ parte dolente.</i></p> <p>25 Constant pain, described as sometimes burning at others like the burning of so prickling of needles about the scapular and acromion regions. The least motion or pressure causes her to wince, rendering examination difficult. There is no other morbid symptom. <i>Rx Antim: Pot: tartarit: g'iv Ext Hyosc: ℥ij Pot: Nitrat: ℥ij Aquæ ℥viij ℥i 3 horis capt. ft. somni Capt. Hydr: Chlor: ℥i Opii g' ij Ung: Hyd: fort: porte. vescicat.</i></p> <p>April 26 No remission of pain which is principally felt between the acromion and spine, described as so many needles prickling her, little sleep. 1 stool, centre of tongue roughish and moist, thirst – pulse in the evening 92, now 84 small. Whilst in Millbank hospital for the same she attempted to cut her thumb as she stated to me on board – Being of opinion that mercury is the only remedy to her affection I administered the Calomel in scruple doses. <i>Cont. pil: Calomel et Opii h.s. et perstet in ceteris</i></p> <p>28 No complaint, very little uneasiness of side pulse 2 weak, tongue clean, blister dressed with strong mercurial ointment. She had this morning <i>Magn: Sulph: ℥fs Cont. Calomel et Opium.</i></p>
<p>PB100330PG</p>		<p>April 26</p>	

PB100331PG		29	No pain. Sleeps well on affected side, which she never did before, gums much inflamed and painful. <i>Cont. medicament et Ung: Hydr: part: varianta</i>
	30	No complaint but of the gums and disagreeable Saliva, bowels open, tongue & pulse natural. Had no Calomel last night. Blistered surface dressed with <i>Ung: Hydr: fort:</i> It is nearly healed – <i>Suph: Magn: ℥fs</i>	
	May 2	No complaint except of mouth, allowed to arise – bowels free. <i>Quiescat.</i>	
	May 5	No return of complaint, ptyalism, blistered surface healed. <i>Conval^t Soup.</i>	
	6	Complains of pain in all her bones – no return of former pain, ptyalism, bowels open. <i>Garg: aluminis.</i> Soup.	
	8 th	Slight pain between scapula on full inspiration. <i>Magn: Sulph: ℥fs</i> mouth sore, breathe very foetid.	
	9	Pain in spine between the scapula not in any other place. <i>Repet: p. Doveri gr xv h.s. statim Capt. Magn: Sulph: ℥fs.</i>	
	10	Pain shifting from spine to side, no pain or fulness of side on pressure. <i>Capt. pil: Hydr: gr v bis in die.</i>	
	12	Pain of hypochondriac, close under the best false rib, painful on pressure, increased on inspiration, extending to right shoulder and left arm, otherwise as before pulse 76 soft. She does not appear to suffer much, mouth now but slightly sore, bowels freely purged. <i>Emp: Lyttæ Hypochondriac.</i>	
	13	Much complaint of pain at back of hypochondriac, respiration increases the pain. No other marked symptoms. <i>Cont. pil: Hydr: blister dressed with Ung: Hydr: fort.: Con^t. Sol: Antimon: ℥fs ter die.</i>	
	14	Good night inclined to sleep. No alteration in the symptoms. <i>Perstet.</i> Had grapes for some days, only ½ dozen a day.	
	15	Pain of hypochondre still present, that of acromion gone, gums slightly affected – <i>perstet.</i>	
	16	Less pain, blistered surface dressed with <i>Ung: Hydr: et Antim: Pot: Tartorite. Capt. p. Ipecacuanha gr v bis in die - Magn: Sulph: ℥ij.</i>	
	17	All pain again removed, pain from Antimony in the ointment, gums painful, several stools – <i>perstet.</i>	
	19	Improving. No pain, ptyalism, <i>Perstet. Omit: medicamenta</i>	
	21	Improving. Blister dressed with <i>Cerat: Resina. – Capt. pil Hydr: gr v o: nocte.</i>	
	25	All Hepatitis disease apparently removed, no ptyalism. <i>Omit: Hydr: applic: Ung: Hydrarg et Cerat: Resina in part, equal;</i>	
	31	Has been convalescing until today, when a pain attacking the spine from loins of right side, became troublesome. This I ascribed to cold. <i>appli: Empl: Lyttæ Hypochondri. Magn: Sulph: ℥ij – Capt. P. Doveri gr v 3 in die.</i>	
	June 2	All pain again removed. <i>Capt. Hydr: Chlor: gr ij Pulv. Antim: Co. gr iv bis in die</i>	
	June 4	Some troublesome pain between scapulæ, none elsewhere, bowels rather confined, mouth sore, breathe foetid. <i>Magn: Sulph: Cont. p: Doveri – Om^t Calomel et Antimoni pulv: comp.</i>	
	7	Improves – is out of bed – no return of pain – she had for ten days grapes and oranges – in small quantity – Soup – Soft bread. This she has had since the 11 th of May at the Cape.	

			<p>10 Convalescent walks about but the weather is too severe to admit her on deck.</p> <p>12 Some uneasiness today between shoulders. <i>Quiescat.</i> Soup etc as before.</p> <p>15 No return of complaint, appetite good and anxious for full diet. Some soreness of gums, no mercurial foetor, is making herself in the hospital. Wine 1 oz daily – and to be continued - <i>Inf: Gent: Co. ℥j bis in die.</i></p> <p>25th Up to this date she has been improving and no return of pains – is active, and has not lost much flesh – she continued the Bitters with <i>Sulph: Magn:</i> occasionally.</p> <p>Cured Discharged July 29th Up to this date no return and is fattening. I saw her in Hulk on Sunday last.</p>
PB100332PG Hypertrophic Cordis Asthma	11	Mary Williams Æt 35 April 24 th	<p>Thin, asthmatic. Pain of thorax under right mamma, shooting between scapula, catching on inspiration, skin soft, bowels free from medicines taken for a few days, principally antimonial, tongue whitish, moist, pulse 100 with a thrill, and round. Has been suffering from asthma a long time, of which I was not aware, and suffered severely from Sea Sickness, and does so, on the ship being tossed about. <i>Venect: Statim. Empl: Lyttæ. L. D.</i></p> <p>25 About 12 oz were abstracted in a full and free stream, without fainting. Complained of nausea on the blood stopping and a complete spastic convulsion as if it were the last effort, every member and muscle rigidly stiff. Pulse at the same time good, slow. On sprinkling strongly with water, sudden relaxation followed. During the night she had several slight fits of a similar kind. She has had one in every instance now on being raised to the perpendicular in her bed. to urine, of which there was a retention until now. For this I gave her <i>Liquor: Am: ℥x Spirit: Aeth: Nitr: ℥xx Aqua Menthe ℥j.</i> This revived her & soon after she passed a large quantity of urine. Had a repetition of those fits, for each of which I administered the above – No thoracic pain now, blister painful, tongue & pulse natural. <i>Capt. Mist: Camph: ℥j. Liq: Ammon: ℥xx Spirit: Aeth: Nitr: ℥xx Tr Opii ℥v 3 die.</i> Wine ½ oz</p> <p>26 A few fits, slight, produced by going on the pan or to urine. Pulse at night 92, now 82. No pain, some sleep, urine copious, thirst, tongue slightly rough, some abdominal soreness. <i>Capt. Rhei ℥fs Aq: Menthe ℥fs Rx. Mist: Camph: ℥j Spirit Aeth: Nitr: ℥fs Tr. Opii ℥xx ℥ifs 3 die Capt.</i></p> <p>27 Quiet night. abdomen uneasy. No sleep. No fainting. Pulse 84 jerking with a thrill – <i>Capt. Hydr: Chlorid: g^r v et in hor: 3. Ol ricini ℥iij Aq: Menthe ℥j.</i></p> <p>28 7 stools in night, now compeⁿ pulse 78. <i>Capt. h.s. Doveri g^r x</i></p> <p>29 Debility. Prostration no pain free expectoration pulse 84, no sleep, <i>repet: Mist: Camph: ut antea.</i> Soup. Wine ℥j</p> <p>30 No complaint except of debility, pulse 84 jerking thrilling – no stool. She had <i>h.s. P: Doveri g^r x Quiescat.</i></p> <p>May 1 Good night, debility, 4 stools in night, pulse 88, rather full thumping – jerking. No soup or wine.</p> <p>2 Bowels open from <i>Ol: ricini</i> taken at bed time, pulse then 100 full, throbbing now 84, free expectoration with cough, which she has had some time – Soup.</p>

PB100333PG		<p>3 Restless night, some pain between scapulæ and constriction of chest. Asthmatic – pulse 90, hard, jerking. <i>Capt. Ipecacuan: g^r fs Aqua ℥fs. T^r digital: m̄vj 4 horis</i></p> <p>4 Much pain and constriction of chest, expectoration free, pulse 80, softer. <i>Capt. Mist: Camph: ℥i Spirit: Aeth: Nitros: m̄x T^r digital: m̄vj Ipecacu: g^r fs 4 hor. Soup.</i></p> <p>5 Symptoms nearly as at last report, anorexia – <i>Omit: Mistura. Capt. Mist: Camph: ℥ifs T^r Scillæ, Spirit: Aeth: Nitros: áá m̄xx P. Doveri g^r iij 4 horis.</i></p> <p>6 Symptoms nearly as above, great anxiety, 2 stools, pulse full, throbbing – <i>Omit: Mist: app: stern: Empl: Lyttæ</i> Some sleep, one loose stool, constriction, p: thumping 88. <i>Quiescat.</i></p> <p>May 8th Occasional weakness almost amounting to fainting, trunk warm, feet cold, occasional pain to spine, 2 stools – tongue rather furred, pulse thumping round, as also the heart, constriction of chest, rattling of mucus in trachea, free expectoration. <i>Capt. Ext: Hyas: g^r iij Ipec: g^r i 3 in die.</i></p> <p>9 Slept well in night, otherwise as at last report, a degree of hectic flush. 1 stool, a red patch in centre of tongue as if a piece had been cut out, debility great, pulse 89, strong. <i>Perstet.</i></p> <p>11 Improving. Less constriction, pulse 81, still thumping as also the heart, some appetite. <i>Capt. Ext; Conii g^r iij Ipec: g^r i 3 die. Soup</i></p> <p>12 Seized last evening with a severe anaesthesia paroxysm, face pallid, respiration almost suspended. A severe cutting pain through lower part of thorax, shooting to the spine, taking a circuit of thorax, gasping, mucus rattle, difficult expectoration. I gave her <i>Liquor: Ammon: Spirit: Aeth: Nitros: T^r Opii etc</i> repeated it in one hour. Sinapisms to the feet, and a blister to the epigastric. The rest of the morning was past rather tranquilly, when the paroxysm again returned in the forenoon, with voice very faint, face death like, eye lids closed, but pulse still strong thrilling. <i>Cont. Haust: ut supra.</i> Brandy & water often.</p> <p>13 The day passed in stupor, lids closed, rolling in the night, and is now more animated, eyes kept open with difficulty, says the light affects them, pulse still thrilling. Sucks grapes. She took the following in the night. <i>T^r Scillæ T^r Opii: Spirit: Aeth: Nitr: áá ℥i Aqua ℥℥. ℥i – 4 horis. Quiescat.</i></p> <p>16 Somewhat improving, respiration more free. Some sleep each night. Had one paroxysm this morning relieved by the draught as above. Is cheerful and in hopes of recovery. <i>Quiescat.</i></p> <p>19 Some slight improvement, better nights, some constriction of chest, for which a blister was applied, and the draughts with some variation administered – <i>Perstet in Haustibus.</i></p> <p>May 21 A severe paroxysm each night, with constriction of chest and difficult respiration – pulse thumping. She took in the night, and day, the following. <i>Inf. Amar: Mist: Camph: áá ℥ij T^r digit: m̄ xxx T^r Scillæ m̄ 80 T^r Opii m̄-40. ℥i pro dosi Perstet.</i></p> <p>23 Constriction, evidently losing ground, respiration becoming more laborious, bowels free, pulse still no impression made on it. Blister discharging. <i>Perstet.</i></p> <p>25 Better nights, did not require any antispasmodic medicine. Took <i>Inf. Amar: cum Acid Sulph:</i> in the day. Nauseates all</p>
------------	--	---

			<p>medical comforts, her only diet is soft bread and tea. <i>Cont. Amar:</i> Has had one ounce <i>Conii</i> daily which I omitted.</p> <p>27 Bad night from the confined atmosphere, all apertures being closed, from the heavy sea and rolling of ship. An occ' slight fit of suffocation, pulse as usual. <i>Perstet pro re nata</i></p> <p>30 Good night, but emaciation and debility are extreme. Suffers much from rolling and pitching of ship. <i>Cont. Amar: Acid:</i></p> <p>June 1st Indifferent night from rolling of ship, is kept in the semierect position, losing ground fast, bowels relaxed, hectic flush. <i>Quiescat</i></p> <p>3 Losing ground, restlessness debility great. Constriction of chest amounting to suffocation. <i>Capt. T, Opii. Liq: Amm: áá mx T Scillæ mxx Ext: ʒi 3 die.</i></p> <p>6 All symptoms nearly as above with some variation, pulse still thumping, as also that at the heart. Some slight variation in the draughts which are all ineffectual.</p> <p>8 Nights easier as far as the rolling of the ship permitted – <i>Cont. Amon: c T digital: -</i></p> <p>14 Had been improving, slowly with the bitters and digitalis, but gaining no strength.</p> <p>19 Nights alternately good and bad, but progressive sinking, frequent fits of apparent asphyxia. <i>Cont. medicamenta.</i></p> <p>23 No improvement. <i>Om^t. Amar: Capt. Quin: disulph: g^r fs Acid Sulph. dil mv Aq: ʒi bis in die. Haust. Antispasmod: nocte pristante si op. sit.</i></p> <p>28 Slow but certain sinking daily. Left off all medicines some days. Kept alive by brandy.</p> <p>Died</p>
B100334PG Hæmetemesis	12	Mary Ventore Aet. 23 April 30 th At Sea.	<p>Was brought into hospital last evening vomiting in mouth fulls blood about ½ a pint in all, dark, thin, not coagulated, and not mixed with any other matter. Had 2 similar fits two hours previously, and reported the quantity vomited great, pulse slow, tranquil & small, surface below natural, bowels reported relaxed. I gave her <i>Nitrat: pot: g^r xx alumin g^r x T Opii mx 3 horis</i> with cold water to stomach – or rather tepid – and vinegar. She vomited in the night about ½ a pint and she was at 5 a.m. this day when I saw her in a state of comatose insensibility. The whole surface and feet were cold. face and lips blanched omitting a bloody fluid, scarcely any pulse. I applied heat to the stomach and feet, and ammonia to the nose, which after some considerable application of it reanimated her, with some struggles at respiration. I forced open the Jaws by a spatula and administered volatilis and other diffusible stimuli with great difficulty in deglutition. By one violent struggle at length swallowed- <i>Ol. Terebinthia</i> was rubbed over the stomach all this time which produced much irritation, and for the first time for many hours she spoke, calling for drink. Blister epigastrio. Hot sand to the feet. <i>Fotus abdomeni.</i></p> <p>May 1st More animation, speaks, tendency to coma, circulation languid, unable to keep the eyes open, deglutition difficult, sense of “pins & needles in feet, heat irregularly diffused. Took <i>Camphor</i> mixture with ammonium in night, also wine ʒij <i>Cont. Mist. Camph: ut antea c^{Tr} Opii</i>, blister acted well, which allayed the enuresis.</p>

B100335PG		<p>May 27 June 2nd</p> <p>Cured 15th Discharged</p>	<p>2 The night passed as if she was suspended between life and death, prostrated & comatose drowsiness, alternate warmth and cold, pulse almost imperceptible, and variable, extremities cold the moment artificial heat is removed, lies insensible to all surrounding objects, lips blanched. Brandy strong principally in night. Rallied this morning but fell off in the same state. <i>Empl: Lyttæ capillitis, Sinapisms pedilus.</i> Brandy, wine, <i>Mist: Camph:</i></p> <p>3 Yesterday, circulation and mucous power were irregular, now but generally diffused, sensible, quite apparent prostration. Pulse very languid and almost imperceptible – cannot keep the eyes open, no stool. She had brandy 4 oz in a pint of rice water, soup and camphor mixture. Blister acted well. had two doses as follows last evening. <i>Hydr: Chlor: g^r ij Rhei g^r v</i> and now an emollient enema, camphor mixture. Brandy, rejects the wine. Some biscuit powder.</p> <p>4 Circulation more equalized. Good night, otherwise improving, 2 copious stools from the cathartic enema. Omit. brandy. Mulled wine 4 oz <i>Mist: Camph: 4 horis</i></p> <p>5 Slow improvement, rejects the wine, Brandy resumed, Pulse very feeble, continue brandy. <i>Quinæ disulph: g^r fs Acid Sulph: dil: xxx Mist: Camph: ʒj 4 horis</i></p> <p>6 Improving. Catamenia appearing, ten months suppressed, has children – <i>Capt. Hydr: Chlor: g^r ifs Jalapa g^r ij Scammoni g^r fs 4 horis.</i> No stool for 2 days.</p> <p>7 Some dribbling during sleep last evening. She has had two stools from <i>Sulph: Magn: in Aqua Menth:</i> in night, more natural countenance, pulse still very feeble, thready. <i>Capt. Inf: Amar: ʒi Acid: Sulph: dilute mv Quinæ disulph g^r fs – 3 die</i> Wine 4 oz Soup.</p> <p>12 Improving <i>Cont. Mist: Amar: c Quinæ</i></p> <p>14 Some slight rejection of blood from stomach in the night, which I ascribe to an excess in solids also to a pear she ate not easy of digestion. She had grapes and oranges for some days. <i>Omit. Mist: Tonica: Capt. Magn: Sulph: in Aq: Menthe:</i></p> <p>16 Complains of losing the use of her limbs, nausea, great weight of head, inflation of abdomen, bowels free, pulse regular weak. Beef tea and grapes. <i>Capt. Tr Rhei ʒi Liquor Ammon. Sequentis xxx decoct Hordei ʒj.</i> After this much flatus from stomach.</p> <p>Convalescent. <i>Cont Inf: Gent: Comp. c Acid: Sulph: dil:</i> Complains of some epigastric uneasiness, otherwise convalescing. <i>Perstet.</i> Brandy & water, Wine produces sickness.</p> <p>Disch^d cured</p>
-----------	--	---	--

Hysteria	13	<p data-bbox="610 212 743 296">Lydia Childs Aet. 20 July 3rd</p> <p data-bbox="610 695 800 779" style="text-align: right;">4 Disch^d to Colonial Hospital</p>	<p data-bbox="821 212 1401 810">Was seized this afternoon with severe Hysteria simulating Hysteritis from severe pain in the region of uterus and left ovary, the latter the severest, her cries and groans were constant and very loud, with hysterical crying, pulse very little altered, tongue clean, natural. The head in some degree affected. She had been the subject of severe occasional pain amounting to inflammation 6 weeks before, but Hysteria for which she was bled, blistered, fomented, and had internal medicines administered, by which she was cured, and had been for some days perfectly recovered when this attack seized her. She was placed in a warm bath almost to fainting with but very little relief. Had a Turpentine Enema with <i>Sulph: Magn: etc</i> adm^d and repeated which allayed the paroxysms and produced several stools with relief, a blister was applied to seat of pain and head shaved, and cold water and vinegar applied. By all which she returned to her proper senses and passed a tranquil night. In all respects relieved and perfectly sensible, free from any morbid suffering. As all are about to be discharged, I sent her to hospital.</p>
----------	----	--	---

A Nosological Synopsis of the Sick Book kept during the Period of this Journal, in conformity with the 30th Article of the Surgeons' Instructions.

Diseases Nosologically arranged	Numbers						Nos. of such Cases as are detailed in the Journal
	Total	Discharged to Duty	Sent to the Hospital	Died on board	Invalided	Remaining	
Pyrexiae							
Ord. I. Febres.							
Internutteates Quotutiana Tertiana							
Continua Synochus	4	4					
Typhus							
Ord. II. Phlegmasiae.							
Phlogosis	3	3					
Pneumonia	4	4					
Rheumatismus							
<i>Gastritis</i>	2	2					3
<i>Hepatitis</i>	1	1					10
<i>Hystritis</i>	1	1					
Ord. III. Exanthemata.							
Variola							
Rubeola							
Erysipelas							
Vaccina							
Ord. IV. Haemorrhagiae							
Haemoptysis							
Phthisis incipiens							
Phthisis confirmata							
Haematematis vicaria	1	1					12
Ord. V. Profluvia.							
Catarrhus							
Dysenteria	1						
Neuroses.							
Ord. I. Comata.							
Apoplexia							
<i>Paralysis</i>	1	1					
Ord. II. Adynamiae.							
Dyspepsia							
Ord. III. Spasmi.							
Hypotrophic Cordis Asthma	1			1			11
Diarrhoea							
Colica	3	3					8
Neuralgia cordis	1		1				4
Hysteria	1	2	1				1. 2. 5. 13
Ord. Iv. Vesaniae.							
Amentia							

Mania							
Cachexiae.							
Ord. I. Marcores.				1			6
Tabes Mesenteria	1						
Ord. II. Intumescenciae.							
Anasarca							
Ascites							
Hydrothorax							
<i>Typanites</i>	1	1					
Ord. III. Impetigines.							
Syphilis	1	1					
Scrophula							
Icterus							
<i>Amenorrhoea Chlorosis</i>	2	2					7
Locales.							
Ord. I. Dysaesthesiae.							
Amaurosis							
Ord. II. Dysorexiae.							
Ord. III. Dyscinesiae.							
Ord. IV. Apocenosae.							
Gonorrhoea							
Ord. V. Epischeseae							
Ischuria							
Obstipatio	1	1					
Dysuria							
Ord. VI. Tumores.							
Aneurisma							
Ord. VII. Ectopiae.							
Hernia							
Prolapsus							
Luxatio							
Ord. VIII. Dialyses.							
Vulnus	1	1					
Ulcus	1	1					
<i>Concussio, Contusio</i>	2	2					
GENERAL TOTAL							
NOTE.—Medical Officers are desired particularly to Notice that the Numbers in each Disease and the general Total must not only correspond with the Sick Book, but also with the particulars contained in the several Nosological Returns for the period.							

GENERAL REMARKS

On the second of February 1848 I commenced the embarkation of the convicts, at Woolwich from Millbank prison, who were embarked in three divisions, and they appeared with an exception of a few aged, in tolerable good health. Those latter, with the exception of one, who suffered from Enuresis, and another from Hernia, did not suffer from any organic disease. The infirmity from age, and in the younger, probably from former irregular habits, caused all to appear much older than they had been marked in the lists sent with me.

It gives me much pleasure to have to make so small a return of sick, during our protracted and trying voyage: and of only one casualty in an adult, and one in an infant; the former from long and painful suffering in a prison, who had lived a very dissolute and intemperate life, but who did not manifest on embarkation. very urgent symptoms of her disease; which had been mainly called into action on this occasion by the severe sea sickness she underwent during the early part of the voyage.

This state of health in the people, I ascribe in great degree to the rigid discipline I had maintained in every point tending to the Sanitary state of the ship; and to the great attention paid to the state of the digestive organs, especially in the aged, during the period the people had been on dry food, and difficult of digestion. It is to these more particularly that I ascribe this great immunity from disease; which had been affected by a free use of aperient and emetic medicines, whenever the least symptoms of Functional derangement manifested themselves thus precluding many hospital cases.

As will appear by the Nosological Synopsis the majority of the diseases demanding hospital treatment, were connected with the uterine functional derangement of one kind or another, most generally from suppressed menstruation. In the majority of the women who had been on the town; this disease began to show itself soon after embarkation, together with its concomitant Chlorosis and Hysteria, simulating apoplexy, and deranged digestion – and on their disembarkation, there were few who did not menstruate at regular periods. And all manifested from their ruddy and cheerful circumstances, and corpulency that good health preponderated. This was the general remark of all connected with the convict establishment, who had been in the habit of first seeing the convicts on their debarkation, including the Colonial Surgeon, who inspected them very minutely – and as regards the children, it has been universally remarked, even at the nursery, where there are now eighty infants, that they never saw so healthy looking infants as those landed by me. All this, I before stated, I attribute to the strict discipline I caused to be observed, more particularly in the cleanliness of the prisons, and of the prisoners themselves – no easy task. This latter I succeeded in having effectually done, by allowing them to perform their ablutions in the prison – at the outset of the voyage. I had them daily on deck to perform their ablutions, as is the custom generally; but I found that being exposed to the gaze of officers and men, many of them preferred merely going through the form of washing. They were so thankful for this indulgence that they were very careful not to make any unnecessary act or dirt – I should not include these few remarks without giving to the “Disinfecting Fluid” its just merit. This I am sure, has done much good. One instance in its favour is this – that for nine days the hatches had been battened down in a heavy gale of wind, with the exception of a few hours in the day, whenever a lull would admit of it, and then only partially; and during all that time, the “Disinfecting Fluid” being daily used, more particularly in the lower sleeping berths and water closets, not the least foetid or offensive effluvia were discovered, not even from the water closets, where 170 adults had been almost unremittingly visiting. This immunity from foul air could not be enjoyed under such circumstances unless some powerful chemical agent had been in operation- I am, therefore, to suppose that, this said agent must be no other than Sir W^m Burnett’s “Disinfecting Fluid”.

I must add to this, the almost unremitting use of fire, whenever the hatches could be opened; as the prison, from the number of leakages, and the shipping of sea through the hatchways, was frequently inundated and in a constant state of humidity – requiring the unremitting attention of the prisoners in drying and cleansing the prison, and when, from sea sickness and prostration, they were not able to perform this work, the seamen were called on to do it, and this state, with very short intervals, prevailed almost to the end of the voyage – occasioned by a defect in the bulwarks; the under part of which had been left open for six inches or more in width, and the whole length of the deck. The consequence is

that, on the least roll of the ship, even in the finest weather, the decks fore and aft, as also the prison deck, are perfectly swamped.

As regard the good state of health of the children, which has been so marked on their debarkation; I may observe that, at an early period, I had all their rations of bread checked, (the infants) and issued to them Rice, Sago and Arrowroot, the latter to the youngest and so on, the rice to the eldest. This had the desired effect. I had one woman selected, whose sole occupation was the preparing this and distributing it to the parents, to feed the children in the hospital, as some could not be trusted with it thereout.

The caraway seeds I found to have an excellent effect in the diet of the children, but in that of the adults I caused a certain quantity to be issued out daily for the puddings. Heard from several that the pudding had not the constipating effect as before their use.

At the Cape of Good Hope I purchased a supply of fruit, viz. oranges, Grapes and Pears, out of the prisoners monies in my hands, first having obtained their assent. This I had issued out daily in small proportions, say about 2 oranges a day to each. By this management I had them twelve days in excellent fruit, that being the period they had been on Fresh provisions. This very much superseded the necessity for medicine, both as an aperient and antiseptic.

John Smith c Surgeon Superintendent